## Corn, Avocado, and Black Bean Salsa Recipe

## Ingredients:

2 medium sized avocados, cubed

1 (15.5 ounce) can whole kernel corn, rinsed and drained

1 (15.5 ounce) can back beans, rinsed and drained

1/2 to 1 jalapeño, seeded and diced

1/3 cup red onion, chopped

3 tablespoons lime juice

1/2 teaspoon salt

1/2 teaspoon cumin

1/4 teaspoon red pepper

Freshly ground black pepper, optional

## Directions:

Gently stir all the ingredients (avocados, corn, black beans, jalapeño, onion, lime juice, salt, cumin, red pepper) together in a large bowl. Serve with baked pita or tortilla chips, or on top of grilled chicken or burger. Prepare salsa up to 4 hours ahead. May serve with hot sauce if desired.